

Ultimate Backpacking Checklist

Backpacking Essentials

- Hiking Backpack
- DayPack
- Backpacking Tent
- Sleeping Pad
- Camp Pillow
- Sleeping Bag
- Water Bladder
- Water Purifier

Backpacking Accessories

- Pack Towel
- Gaiters
- Z Seat
- Headlamp
- Hiking Poles
- Hiking Belt
- Hiking Gloves
- Baseball Cap
- Warm Hat
- Sunglasses
- Buff
- Packable Lantern

Backpacking Food

- Hiking Snacks
- Hiking Food

Backpacking Kitchen

- Backpacking Stove
- Utensils, Plates, and Cups
- Coffee Maker
- Bear Canister
- Biodegradable Soap

Backpacking Clothing

- Hiking Pants
- Hiking Shorts
- Hiking Shirts
- Rainjacket
- Midlayer
- Down Vest
- Down Jacket
- Thermals
- Socks
- Leggings
- Sports Bra
- Underwear

Backpacking Shoes

- Boots
- Sandals
- Trail Runners

Backpacking Safety

- Helmets
- Emergency Blanket
- Bear Spray
- Compass
- GPS
- First Aid Kit
- Fire Starter
- Flame
- Sunscreen
- Knife
- Bug Spray

Backpacking Extras

- GoPro
- Camera
- Camera Clip
- Phone
- Journal and Pen
- Kindle
- Hammock
- Binoculars
- Get Cairn
- Cards and Games

Backpacking Health

- SPF Lipbalm
- Menstrual products
- Hand Sanitizer
- Toothbrush
- Eco-Friendly Toothpaste
- Eco-Friendly Baby Wipes
- Sealable Bag (to pack it out)
- Sanitation Trowel